



“Keeping The Tradition Alive”

APPETIZERS

- Chicken Tenders** \$12.99
House-made served with honey mustard or duck sauce
- Fried Kreplach** Five crispy pieces with sautéed onions \$12.99
- Potted Mini Meatballs** in brown gravy \$12.99
- Chopped Liver** garnished with lettuce, tomato & onion \$14.99
- Beef Tongue Polonaise** in our delicious raisin gravy \$18.99
- Homemade Stuffed Derma** with brown gravy \$13.98
- Nova Scotia Salmon** with onion, lettuce & tomato \$14.99
- Stuffed Cabbage Hongroise** \$14.99
A generous cabbage roll filled with lean ground beef, a little rice & our special seasonings, in a sauce that cries out for rye (to get the last drop)
- Wings** \$12.99
Choose from Buffalo, Sweet Teriyaki, Honey BBQ or Plain.
Served with celery sticks & homemade Garlic-Mayo dipping sauce.

DOGS



- Hebrew National® Beef Frank Combo** \$13.99
Served with fresh-cut fries or a knish & fountain soda
- Hush Puppy** \$13.49
Homemade mashed potatoes wrapped around a Hebrew National® beef frank encased in an egg roll wrapper with fountain soda
- Knockwurst On A Bun** \$18.49
Served with fresh-cut fries or a knish & fountain soda

TOP'T DOGS Your Choice ... \$17.99
Includes bottomless fountain soda & choice of French fries, potato knish or deli side salad.

- Best of Boston** - Top't with a generous portion of baked beans & crispy onion straws on a bun.
- Chili Dog** - On a bun heaped with chili & fresh-chopped red onions.
- Ben's Deli Dog** - On baguette topped with warm sauerkraut & your choice of either corned beef or pastrami. Russian dressing optional.

OMELETTES

Made with three fresh eggs. Served with potato pancake & apple sauce or our fresh-cut French fries.

- Corned Beef or Pastrami** \$17.99
Extra lean ... add \$1.00
- Tongue** \$21.99
- Two Meat Combination Omelette** \$19.99
With Tongue ... add \$2.00
Extra lean ... add \$1.00
- Western Omelette** \$17.99
Deli-style omelette with or without green peppers & onions as you wish
- Salami or Bologna** \$16.99
- Nova Scotia Salmon, Eggs & Onions** \$21.99
- Onion** \$14.99
- Fresh Veggie Omelette** \$16.99
With avocado \$17.99
- Plain** (but exceptionally good) \$14.49
- All White Omelettes** add \$2.99

Egg Sandwich Lovers! We'll gladly make your omelette into a sandwich upon request. On Rye ... Free. On Club ... add \$1.29.

HOMEMADE SOUPS

- Ronnie's Old-Fashioned Chicken Soup**
- With a Matzo Ball or Kreplach \$7.49
- With a Kreplach \$7.49
- With Noodles or Rice \$6.99
- Care for another Kreplach or Matzo Ball? each \$2.49
- Mushroom Barley Soup** \$7.49
- Garden Vegetable Soup** \$7.49
- Grandma's Soup** \$9.99
Our famous chicken soup filled with boneless chicken, soft carrots, & noodles
With one matzo ball or kreplach \$11.99
- A Schissel** \$15.99
Chicken in the pot without the chicken or if you prefer, we'll fill your big bowl with just mushroom barley or our daily homemade soup
- Bowl of Vegetarian Chili** with wedge of garlic bread \$14.99
- Daily Homemade Soups** \$7.49
- Sunday Chicken a la Reine
- Monday Chef's Choice
- Tuesday Split Pea
- Wednesday maybe Lentil, maybe Lima Bean
- Thursday Chef's Choice
- Friday maybe Potato, maybe Cabbage
- Saturday Vegetable

GARDEN FRESH SALADS

Dressing selections: Russian, Asian, Honey Mustard, Fat-Free Italian, Poppyseed, Creamy Garlic

- Ben's Caesar Salad** \$9.99
Creamy garlic dressing over crisp romaine with homemade croutons
- With seasoned grilled chicken breast \$19.99
- With grilled fresh salmon \$21.99
- Spinach Salad** \$16.99
Fresh spinach with chopped egg, red onion & mushrooms in a poppy seed dressing topped with crumbled, grilled pastrami
- Chef Salad** One meat ... \$19.99 Two meats ... \$22.99
Crisp romaine, peppers, radish, hard-boiled egg, tomato, black olives, & your choice of meats: Roast Beef, Turkey, Corned Beef, Salami, Bologna, Smoked Turkey Breast, Tongue (add \$2.00) or Extra Lean (add \$1.00)

- Soup & Salad Combo**
- With a house garden salad or Ben's Caesar salad \$16.99
- With Grandma's soup add \$2.50

Grilled Chicken & Avocado Salad \$21.99
Mixed garden greens, cherry tomatoes & red onions with a homemade Basil & Sweet Honey Mustard dressing, grilled chicken breast & avocado

- Grilled Salmon Salad** \$21.99
Romaine, mixed greens & spinach leaves, cherry tomatoes & red onions tossed with Honey Mustard topped with grilled salmon & homemade croutons

- Asian Salad** \$21.99
A chicken breast & crunchy noodles, crisp romaine, carrots, peppers, mushrooms, scallions, water chestnuts & snow peas with an Asian dressing

- House Garden Salad** \$9.99
Mixed salad greens with tomato, cucumber, pepper & shredded carrots

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

COLD PLATTERS

Served with freshly sliced tomatoes on a bed of lettuce with potato salad, health salad, hard-boiled egg & garnish

Chopped Liver or Gefilte Fish Platter	\$17.49
Egg Salad Platter	\$16.49
Old Fashioned Chicken Salad or Large Tuna Fish Salad Platter	\$17.49
Nova Scotia Salmon	\$21.99

The filet mignon of salmon – delicious!

SPECIAL COLD CUT PLATTERS*

Served with either our homemade potato, health, macaroni, Israeli or pasta salad. Each platter feeds one.

Single Meat Platter	\$26.99
Your choice of: Corned beef, pastrami, salami, bologna, roast beef, brisket of beef, sliced turkey breast, smoked turkey breast, hard salami, tongue (add 3.00)	
Assorted Cold Cuts	\$28.99
With Tongue	\$29.99
Ronnie's Turkey Drumstick or Wing	\$14.99

*Extra lean add \$1.00

WRAPS Your Choice ... \$19.99

Fresh & delicious. Includes choice of French fries, potato knish or deli side salad.

Grilled Chicken Caesar Wrap - Ben's Caesar salad under wraps. Grilled chicken with shredded romaine lettuce, chopped tomatoes, drizzled with creamy garlic dressing.

Fresh Roast Turkey Wrap - Oven roasted turkey breast rolled up with herbed stuffing, cranberry sauce, lettuce, & a touch of creamy garlic mayonnaise.

Roast Beef Lover's Wrap - Thinly sliced roast beef, shredded lettuce, diced tomatoes, drizzled with our horseradish sauce.

Asian Chicken Roll-up Wrap - A spin-off of our Asian chicken salad. Teriyaki chicken, salad greens, shredded carrots, water chestnuts, tossed in our Asian dressing.

PANINI

Includes choice of French fries, potato knish or deli side salad.

Grilled Chicken - Grilled to perfection & topped with lettuce, sweet red pepper & chipotle dressing on French bread	\$21.99
The Original Brisket - Simmered brisket served with caramelized onions & fresh horseradish sauce on a Brioche roll	\$21.99
The Rachel - A mound of our delicious pastrami, sauerkraut & Russian dressing on pressed seeded Rye bread	\$21.99
The Reuben - Ben's famous corned beef, sauerkraut, Russian dressing on pressed seeded Rye bread	\$21.99
Steak Bites - Tender slices of steak & grilled onions doused with homemade pesto sauce on pressed French bread	\$22.99

HOT OPEN SANDWICHES

The first "hot food" in old-time N.Y. delis! Served with homemade potato pancake & apple sauce or real mashed potatoes or our fresh-cut French fries.

Hot Open Roast Turkey	\$23.99
With gravy & cranberry sauce	
Hot Open Brisket of Beef	\$23.99
With gravy (extra lean, add \$1.00)	
Hot Open Roast Beef with gravy	\$23.99
Hanger Steak (Our Roumanian) Sandwich Open Style	\$31.99
Hot Pastrami & Corned Beef Combo	\$31.99
Deli lovers favorite! Open style on rye, with sweet & sour sauce, stuffed derma & fresh-cut French fries (extra lean, add \$1.00)	

OVERSTUFFED SANDWICHES

Served with bottomless Cole slaw & pickles galore. Your choice of rye or whole wheat bread. Add sliced tomato, sweet or hot peppers, potato salad or club bread ... add 99¢. Toasted garlic bread, Gluten free bread or Challah roll ... add \$1.49. Special requests? Just ask!



Hot Corned Beef We pickle our own!	\$15.49
Extra Lean Hot Corned Beef	\$16.49
Hot Pastrami	\$16.49
Extra Lean Pastrami	\$17.49
Tongue Pickled on premises!	\$21.99
Fresh Brisket of Beef	\$15.49
Extra Lean Brisket of Beef	\$16.49
Roast Beef	\$15.49
Turkey	\$15.49
Smoked Turkey Breast	\$15.49
Breaded Chicken Cutlet	\$15.99
Grilled Chicken Breast	\$15.99
Hebrew National® Salami or Bologna	\$14.49
Hard Salami	\$15.49
Grilled or Boiled Knockwurst on Frank Roll	\$11.49
Chopped Liver	\$14.49
Old-Fashioned Chicken Salad	\$14.49
Egg Salad	\$13.49
Tuna Fish Salad	\$14.49

Double Dip	\$16.99
Half a Deli Double sandwich (one meat only) with a bowl of your favorite soup & choice of bread	
Tongue or extra lean	add \$1.00
With Grandma's Soup	add \$2.50

SPECIALTY SANDWICHES*

Served with bottomless Cole slaw & pickles galore

Hungarian Hoagie	\$19.99
Tender beef goulash, caramelized onions & sweet red peppers on a club roll	
Ronnie's Tastemaster	\$24.99
All our meats piled high on rye with Russian dressing & Cole slaw.	
Deli Double	\$22.99
Oversized portions of hot corned beef & pastrami, served on twin junior rolls. Or substitute your two favorite meats. (Tongue, add \$2.00)	
Israeli Hero	\$39.99
Our incredible foot-long hero sandwich, overstuffed with everything but the kitchen sink. Feeds two big fressers or three average mensch.	
Mix 'n Match Two meats \$19.99 Three meats \$24.99	
Choose any two or three of your favorite ingredients & let us build your sandwich. We'll include Cole slaw & Russian dressing on your combo, if you like.	
Sliced Turkey, Pastrami, Chopped Liver, Corned Beef, Smoked Turkey Breast, Hard Salami, Bologna or Salami, Brisket of Beef, Roast Beef, Tongue (add \$2.00)	
*Extra lean add \$1.00	

On Any Combo Meal
 Substitute Sweet
 Potato Fries For One
 Side Dish Choice
 Add \$1.50 To Meal Price

WED

Available
 Corned
 Chicken in the Po
 Chef

STEAK & TURKEY BURGERS

Freshly ground. Hand formed with 8 ozs. of lean chopped beef or lean ground turkey, seasoned in house. Served with pickles & bottomless freshly made Cole slaw. Sautéed fresh mushrooms or onions, add .99¢.

Burger Classic Steak \$17.99 Turkey \$18.99
With lettuce, tomatoes, & fresh-cut French fries

Salami Burger Steak \$19.99 Turkey \$20.99
Delicious. Broiled with slices of tangy grilled salami. Served on a bun with fresh-cut French fries

Slim Burger Platter Steak \$18.99 Turkey \$19.99
With sliced tomato, lettuce & fresh fruit salad on the side

Our Popular Pastrami Burger Platter Steak . . . \$21.99 Turkey . . \$22.99
Topped with slices of grilled pastrami. Served with fresh-cut French fries

WE WILL GLADLY SUBSTITUTE A VEGGIE BURGER ... NO CHARGE!

SPECIALTY BURGERS Your Choice . . . \$24.99

Freshly ground. Includes bottomless fountain soda & choice of French fries, potato knish or deli side salad. **Turkey Burgers, add \$1.00.**

Big Ben - Grilled pastrami, onion rings, lettuce, tomato & chipotle mayo.

BBQ Brisket - Sliced brisket & BBQ sauce.

California - Sliced avocado & Israeli salad.

Ben's Sliders - Twin mini burgers on Challah rolls, crispy onions, horseradish sauce.

TRADITIONAL SPECIALTIES

Chicken or Beef in The Pot Chicken . . . \$27.99 Flanken . . . \$34.99
With a matzo ball, noodles, kreplach, peas & fresh garden carrots. A real nostalgia trip to the days of your youth!

Hungarian Goulash \$26.99
Cubes of lean beef, gently spiced & simmered until tender with peas & fresh garden carrots. Served on a bed of egg noodles.

Beef Tongue Polonaise \$35.99
Thinly sliced & served with Ronnie's delicious raisin gravy. Served with vegetable of the day & choice of potato.

Marinated Short Rib \$34.99
Beef short ribs slow roasted until tender, marinated in our house-made sweet & tangy BBQ sauce. Served with vegetable of the day & choice of potato.

The Stuffed Cabbage That Made Us Famous \$31.99
Oversized cabbage leaves rolled around a filling that is all meat, a little rice & a touch of seasoning. Served with vegetable of the day & choice of potato.

Ronnie's Difficult Decision \$37.99
Order any of our three different delicious appetizers as a main dish! Served with vegetable of the day & choice of potato.

Potato Pancakes \$16.49
Great because we grate our own! Three served with apple sauce.

Chicken Pot Pie homemade, of course \$14.99

HOT ENTREES

Served with vegetable of the day & choice of potato

FISH

Grilled Filet of Salmon \$28.99
Always fresh, never frozen. Cut to order from the whole salmon & grilled to your liking.

POULTRY

Roast Half Spring Chicken \$24.99
A tender, barbecue-roasted kosher chicken. The best!

Breaded Chicken Cutlets \$25.99
Flavorful boneless chicken breasts lightly breaded & fried until golden

Grilled Twin Boneless Chicken Breasts \$25.99
Fresh & tender. Lightly seasoned then grilled to perfection.

Marinated Chicken \$25.99
A half chicken, marinated in our own barbecue sauce

Hawaiian Chicken \$27.99
Lightly breaded, boneless white meat chicken served in a tangy sweet & sour sauce

Roast Turkey \$26.99
Moist & delicious off the frame, with homemade gravy & cranberry sauce

BEEF

Broiled Hanger Steak (Our Roumanian) \$34.99
Considered by many to be the most flavorful of steaks, ours are chosen & amply cut by the chef, broiled to your taste & served with sautéed onions

Rib-Eye Steak \$35.99
The king of kosher steaks, tender & juicy. May we suggest a glass of Cabernet Sauvignon? It makes the king of kosher steaks a royal experience.

Sliced London Broil \$32.99
Carved as you like it with our rich mushroom gravy

Silver Tip Roast Beef \$26.99
A juicy half-pound portion carved from the tenderest part of the beef

Braised Fresh Brisket of Beef \$26.99
Simmered slowly the old-fashioned way with just the right seasonings & thick sliced... at least one-half pound. (Extra lean, add \$1.00)

Two 'Specials' \$21.99
Big fat Hebrew National® quarter pound kosher franks, grilled or boiled, served with baked beans & fresh cut French fries

Broiled Chopped Steak ground daily in house \$26.99
Sixteen lean ounces of juicy beef, broiled to your order & smothered with onions (**prefer Chopped Turkey? Add \$2.**)

EVERY THURSDAY IS THANKSGIVING \$27.99

Available In Dining Room Only On Thursday from 4pm 'til closing

Choice of Soup - From scratch, of course

Fresh Roast Turkey - Carved to order, white or dark meat, with Cranberry Sauce

Homemade Stuffing - Ronnie's recipe

Real & Lumpy Mashed Potatoes ... or Candied Sweet Potatoes

Ben's Own Gravy - With our secret seasonings

Peas & Carrots ... or a vegetable of your choice

WEDNESDAY IS BEN'S DAY!

Special Dinner Platters . . . \$23.99

Available In Dining Room Only On Wednesday from 4pm 'til closing

Red Beef - Ben's own cure, served with cabbage & boiled potato.

Pot - With fresh chicken soup, kreplach, matzo ball, noodles, peas & carrots.

Chef's Choice - Ask your server for today's Chef Choice Special.

SIDE DISHES

TRADITIONAL FAVORITES

Prepared in our kitchens the old-fashioned way!

Homemade Mashed Potatoes plain or with sautéed onions	\$5.79
Potato Pancake with apple sauce.	\$5.79
Our Own Round Baked Knishes An Eastern European treat!	\$5.79
Tender pastry stuffed with savory filling. Potato, Kashe or Spinach.	
Kashe Varnishkas	\$5.79
Egg Barley & Mushrooms	\$5.79
Homemade Stuffed Derma (one slice)	\$6.99
Fruit Noodle Pudding	\$5.79
Spinach Log	\$5.99
Fresh Vegetable of the Day	\$5.79

DELI STANDARDS

Baked Idaho Potato (evenings only)	\$5.49
Square Potato Knish	\$5.79
Baked Beans	\$5.29
Peas & Carrots	\$5.29
Sweet or Hot Peppers	\$4.29
Sauerkraut (hot or cold)	\$4.79

FAMOUS BECAUSE THEY'RE FRESH!

French Fried Potatoes	\$6.49
French Fried Onion Rings	\$6.99
Sweet Potato Fries	\$7.49

SALADS BAR NONE

Made on premise with the freshest ingredients

Old-Fashioned Potato Salad	\$5.49
Macaroni Salad	\$5.49
Israeli Salad	\$6.49
Pasta Salad	\$5.49
Health Salad	\$5.49
Cucumber Salad	\$5.49
House Garden Salad	\$9.99
Mixed salad greens with tomato, cucumber, pepper & shredded carrots	
Pasta & Spinach	\$6.99
Rice Pilaf	\$5.99
Cranberry & Apple Compote	\$5.99
Garden Vegetable Salad	\$5.49
Quinoa	\$6.99

DESSERTS

Please ask your server for today's selections

Chocolate Babka	\$5.49
Assorted Mini Cookies	\$5.29
Assorted Mini Rugulach	\$5.29
Jumbo Cookie	\$3.79
Apple Strudel (Homemade)	\$5.29
Seven Layer Cake	\$5.29
Brownie	\$5.29
Special Layer Cake or Fruit Pie	\$5.29
Low Calorie Baked Apple	\$5.99
Fruit Gelatin	\$4.29
Halvah	\$8.99
Fresh Fruit Salad	\$5.29
Apple Bread Pudding	\$5.49
Apple Sauce	\$3.79
Melon (In Season)	\$5.29

BEVERAGES

Bottomless Fountain Sodas	\$3.49
Coke, Diet Coke, Sprite, Diet Sprite, Club, Cream Soda, Cherry, Seltzer	
Dr. Brown's	\$2.79
Cream, Black Cherry – Regular or Diet, or Celray	
Bottled Root Beer	\$2.99
Bottled Water	\$2.29
Apple Juice	\$2.99
Kedem Bottled Grape Juice	\$3.49
Bottomless Iced Tea or Iced Coffee	\$3.49
Bottomless Coffee with non-dairy creamer	\$2.99
Bottomless Tea	\$2.99

KIDS MENU

All items include sprinkle cookies or gelatin for dessert. Add a drink for \$1.00.

KID KNOSHES

Served with one kid's side choice & carrot sticks

Hebrew National® Beef Frank On a fresh bun	\$11.49
Franks-N-Jackets	\$11.49
Classic Chicken Tenders Made fresh at Ben's	\$12.49
L'il Steakburger On a twin roll	\$11.49
Junior Deli Sandwich On a twin roll with your favorite sliced meat	\$12.99
Glazed BBQ Meatballs	\$11.49

KID'S SIDE CHOICES

Mashed Potatoes • Fresh-Cut Fries
Sweet Corn • Peas & Carrots • Apple Sauce

KID PLATTERS

Mama's Favorite	\$12.49
Hot roast beef, brisket or turkey breast with gravy, one side & carrot sticks	
Grilled Chicken Breast	\$12.49
Kids sized grilled boneless, skinless chicken breast, one side & carrot sticks	
Junior Omelettes	\$12.49
Plain & simple or with your favorite deli meat, one side & carrot sticks	
Bow Tie Pasta	\$10.49
With Meat balls \$11.99	
With Ben's own marinara sauce & carrot sticks	

SOUP UP YOUR KID'S MEAL

Kids chicken noodle or chicken rice	\$4.49
With matzo ball	\$5.49

BEER & WINE

Please ask your server about additional selections which may be available

Domestic Bottles	\$6.99
Imported Bottles	\$7.99
Non-Alcoholic	\$6.99

WINE

Pinot Grigio		
Bottle	\$29.99	Glass \$9.99
Baron Herzog Chardonnay (California)		
Bottle	\$29.99	Glass \$9.99
Baron Herzog Merlot (France)		
Bottle	\$29.99	Glass \$9.99
Baron Herzog Cabernet Sauvignon (California)		
Bottle	\$29.99	Glass \$9.99
Baron Herzog White Zinfandel (California)		
Bottle	\$29.99	Glass \$9.99
Kedem Naturally Sweet Concord		
Large Bottle	\$11.99	Small Bottle \$3.49