

# Desserts

## Seasonal Fresh Fruits

<b>Baked Apples</b> .....	\$5.49 ea
Deliciously Sweet, no sugar added!	
<b>Garnished Fruit Salad Bowls</b>	
Small (serves 8-12) .....	\$29.99 ea
Large (serves 18-24) .....	\$59.99 ea
<b>Decorated Fresh Fruit Platter</b> .....	\$89.99 ea
<b>Our Famous Watermelon Basket</b> .....	\$129.99 ea
An impressive dessert centerpiece.	

## Cookies & Pastries

<b>Plattered Apple Strudel</b> .....	\$4.99 sl
<b>Mix &amp; Match Bakery Platters</b> .....	\$18.99 lb
Chocolate & Raspberry Rugelach	
Assorted Cookies	

<b>Plattered Pastry</b>	
<b>Chef Selections</b> .....	\$3.49 ea
Miniature French Pastries • Eclairs	
Napoleons • Petit Fours • Brownies	
Fruit Tarts	



## Cakes & Pies

<b>Seven Layer Log Cake</b> .....	\$37.99 ea
<b>Assorted 10" Pies</b> .....	\$29.99 ea
Many varieties available. Ask for your favorite!	
<b>Special 10" Layer Cakes</b> .....	\$59.99 ea
<b>Traditional Loaf Cakes</b> .....	\$12.99 ea
Marble • Honey • Sponge	
<b>Babka</b> .....	\$19.49 ea
<b>Sheet Cakes</b> (guests served)	
Half (35) .....	\$99.00
Whole (80) .....	\$199.00
Double (125) .....	\$249.00
<b>With Special Decorations or Sports Themes</b> .....	from \$80.00

## Carry-Out Coffee or Tea Service

*Ben's ingenious, disposable container goes anywhere without plugs or wires! Contains everything needed: hot cups, sugar and sweetener, non-dairy creamer cups, stirrers and napkins (with lemon and tea bags for tea).*

Serves 15 .....	\$31.99
-----------------	---------

## Countertop Frankfurter Cart

Delight the young and young at heart alike with this novel countertop replica of an old-fashioned street cart .....

\$249.50

### Includes:

- 50 Hebrew National Beef Franks
- Frankfurter Rolls
- Deli Mustard & Sauerkraut
- Paper Goods & Serving Utensils



**BEN'S**  
KOSHER DELICATESSEN  
RESTAURANT & CATERER



[www.BensDeli.net](http://www.BensDeli.net)

BAYSIDE.....	(718) 229-2367
BOCA RATON.....	(561) 470-9963
CARLE PLACE.....	(516) 742-3354
GREENVALE.....	(516) 621-3340
WOODBURY.....	(516) 496-4236
NASSAU S. SHORE	(516) 868-2072
SUFFOLK COUNTY	(631) 724-3000
WESTCHESTER DELIVERY	(914) 468-2367

UNDER RABBINICAL SUPERVISION DAILY

# BEN'S

KOSHER DELICATESSEN  
RESTAURANT & CATERER



# Catered Foods



*With over 50 years of experience, you can count on Ben's to help plan the perfect party — food, staff*

# Salads

We offer a wide variety of both side salads and green salads, all made on premises using fresh, seasonal ingredients. When ordering leafy green salads with a meal, we figure 4 ounces per guest. For other salads, often used as side dishes, the quantity to order depends on the total number of salads and side dishes ordered. The more variety ordered, the less you need of each dish, though you should have enough of each item to accommodate all of your guests. Need assistance? Please call!

## Leafy Green Side Salads

<b>Ben's Caesar Salad with Homemade Croutons</b> .....	\$3.99 pp
<b>Spinach Salad</b> With Chopped Egg, Red Onion and Crumbled Grilled Pastrami .....	\$3.99 pp
<b>Tossed Garden Salad</b> .....	\$3.99 pp

## Traditional Delicatessen Favorites

<b>Ben's Famous Fresh-Cut Cole Slaw or Homemade Potato Salad</b> .....	\$6.49 lb
Made daily, preservative-free, none better!	
<b>Ben's Old-World Salad Recipes</b> .....	\$6.49 lb
Macaroni • Cucumber • Health • Mayo-Free Cole Slaw	
<b>Gourmet Deli Salads</b> .....	\$6.99 lb
Garden Vegetable • Beet • Pasta • Tomato & Onion • Santa Fe	
<b>Pasta &amp; Spinach Salad with Garlic</b> .....	\$9.99 lb
<b>Israeli Salad</b> .....	\$9.99 lb

## Center-of-the-Plate Entrée Salads

<b>Ben's Caesar, Baby Field Greens or Tossed Garden Salad</b> With Grilled Chicken Breast With Grilled Salmon Filet
<b>Grilled Chicken Orientale</b> With Scallions, Water Chestnuts, Snow Peas and Crunchy Noodles
<b>Chef's Salad</b> With Choice of Delicatessen Meats
<b>Grilled Chicken &amp; Avocado Salad</b> With Mixed Garden Greens, Cherry Tomatoes, Red Onions and a Homemade Basil & Sweet Honey Mustard Dressing



Ben's offers a wide variety of entrées each freshly prepared in our kitchens expressly for your event. Entrées are priced and offered in one gallon trays, with each tray serving 8-10 guests. Ben's offers a number of catered package options, many of which include two or more entrées. Please consult with our staff to create a menu just right for you!

## Traditional Eastern European Cookery

<b>Braised Short Ribs of Beef</b> .....	\$22.99 ea
<b>Candied Corned Beef</b> We cure our own corned beef! .....	\$36.96 lb
<b>Hungarian Goulash with Egg Noodles</b> .....	\$89.99 gal
<b>Stuffed Cabbage with Sauce</b> .....	\$12.99 ea
The best around. A Ben's signature item.	
<b>Oven Roasted Brisket of Beef</b> .....	\$33.96 lb
<b>Jumbo Potted Meatballs</b> .....	\$8.99 ea
<b>Tongue Polonaise</b> Pickled on premises and cooked fork tender .....	\$39.96 lb
<b>Chicken Fricassee with Mini Meatballs</b> .....	\$89.99 gal

## Comfort Foods

<b>Chicken Pot Pie (for 1)</b> .....	\$12.99 ea
<b>Frankfurters with Baked Beans &amp; Pineapple</b> .....	\$49.99 gal
<b>Stuffed Peppers</b> .....	\$12.99 ea
Meat loaves serve 6 fressers or 8 average menschen.	
<b>Homemade Meat Loaf with Hard-Boiled Egg Center</b> .....	\$56.99 ea
<b>Lean Turkey Meat Loaf with Carrot Center</b> .....	\$59.99 ea

# Delicatessen Platters

Served with homemade cole slaw and potato salad, relish tray and condiments (9 person minimum).

<b>Plattered Cold Cuts with Rye Bread</b> .....	\$17.99 pp
<b>Garnished Sandwich Platters</b> .....	\$17.99 pp
<b>Giant Hero Sandwiches</b> .....	\$17.99 pp
<b>Assorted Wraps</b> .....	\$17.99 pp

*“At Ben's, we know everything about cold cuts and nothing about short cuts.”*



*...of, even rentals! Our catering professionals will be pleased to consult with you at our place or yours!*

## Entrées

### Kosher Poultry

<b>Duck a l'Orange</b> .....	\$29.99 ea
<b>Whole Kosher Chickens</b> .....	\$17.99 ea

Roasted • Marinated • Honey-Glazed • Fried  
We'll gladly cut chickens in halves, quarters or eighths.

*Turkeys priced based on precooked weights. Figure 1-1/2 lbs. per guest.*

<b>Whole Roasted Turkey in the Pan</b> .....	\$9.49 lb
<b>Roast Turkey Carved &amp; Decorated on the Frame</b> .....	add \$10.00

### Continental Entrées

<b>Beef Burgundy</b> .....	\$99.99 gal
<b>Veal Specialties</b> .....	\$99.99 gal
Marsala • Francaise • Piccata • Veal & Mushrooms • Veal & Peppers	
<b>Breaded Veal Cutlets</b> .....	\$35.99 lb
<b>Chicken Sausage &amp; Peppers</b> .....	\$89.99 gal
<b>Whole Stuffed Chicken Breasts</b> .....	\$17.99 ea
Delicious, savory wild rice & mushroom stuffing.	
<b>Boneless Chicken Dishes</b> .....	\$89.99 gal
Marsala • Piccata • Francaise • Cacciatore • Scampi • Paprikash • Coq au Vin	
<b>Breaded Chicken Cutlets</b> .....	\$21.98 lb
<b>Whole Poached Salmon</b> with Dill Sauce (5 lb min.) .....	\$37.99 lb
Artfully plattered & decorated. Priced precooked.	

### Asian Entrées

<b>Beef or Chicken Fried Rice</b> .....	\$84.99 gal
<b>Beef or Chicken Lo Mein</b> .....	\$84.99 gal
<b>Beef or Chicken &amp; Broccoli</b> .....	\$84.99 gal
<b>Boneless Sesame Chicken</b> .....	\$89.99 gal
<b>Chilled Black Sesame Chicken Strips</b> .....	\$89.99 gal
With Julienne Carrots & Snow Peas. A gourmet Asian treat with a hint of garlic & ginger, served cold.	
<b>Grilled Teriyaki Chicken Breasts</b> .....	\$21.98 lb
<b>Hawaiian Chicken With Pineapple</b> .....	\$89.99 gal
<b>Chicken Chow Mein</b> .....	\$84.99 gal
With White Rice and Crunchy Noodles on the side	
<b>Pepper Steak</b> .....	\$99.99 gal

## Specialty Sandwich Baskets

**YOUR CHOICE \$19.99 ea / 9 sandwich minimum**  
*Served with homemade cole slaw and potato salad.*

**Grilled Chicken** with Sweet Pepper, Lettuce & Chipotle dressing on French Bread

**Brisket** with Crispy Fried Onions & Fresh Horseradish Sauce on a Brioche Roll

**Thinly Sliced Roast Beef** with Shredded Lettuce, Tomato, drizzled with Horseradish Sauce on a Challah Roll

**Turkey** with Cranberry, Creamy Garlic Mayo on Pumpernickel

## Side Dishes

*Most of our freshly-prepared side dishes are priced and offered in half-gallon trays. Using normal side dish portions, figure that a half-gallon tray will serve 10 guests.*

### Traditional Puddings ..... YOUR CHOICE \$29.99 tray

*All of our sweet and savory puddings are prepared from scratch using recipes of Eastern European origin. Baked right in the tray, puddings are real crowd-pleasers and a wonderful alternative to everyday side dishes.*

#### Traditional Puddings

Potato • Sweet Potato • Broccoli • Spinach • Fruit Noodle • Apple Bread

#### Savory Bread Stuffing

### Potato, Pasta & Rice Dishes ..... YOUR CHOICE \$29.99 tray

#### All-Time Favorites

Homemade Mashed Potatoes • Egg Barley & Mushrooms • Kasha Varnishkes

#### Vegetable Fried Rice or Lo Mein

#### Rice Pilaf with Vegetables

#### Roasted Garlic Mashed Potatoes

#### Pasta Primavera

#### Pasta & Spinach

### Vegetables

#### YOUR CHOICE ..... \$29.99 tray

#### Almondine Vegetables

Broccoli • String Beans

#### Mixed Vegetable Dishes

Steamed Fresh Vegetables

Oriental Broccoli & Cauliflower

Vegetable Medley

Zucchini with Onions in Tomato Sauce

Vegetable Stir Fry

#### Grilled Fresh Vegetables

The freshest seasonal produce!

#### Honey-Glazed Carrots

### Specialty Sides

<b>Spinach Log</b> .....	\$9.99 lb
<b>Vegetable Cutlets or Corn Fritters</b> .....	\$6.99 ea
<b>Large Potato Pancakes with Apple Sauce</b> Crispy, golden-brown favorites .....	\$4.99 ea
<b>Baked Jumbo Knishes</b> .....	\$4.99 ea
Hand-made with our own fillings: Potato • Kashe • Spinach	
<b>Handrolled Egg Rolls</b> .....	\$5.99 ea
<b>Hush Puppies</b> A beef frank wrapped in a potato knish .....	\$9.99 ea
<b>Homemade Stuffed Derma Slices</b> .....	\$6.49 ea
<b>Chilled Cranberry-Pineapple Compote</b> .....	\$10.99 lb
<b>Carrot Tsimmes with Pitted Prunes</b> .....	\$10.99 pt ..... \$21.98 qt
<b>Vegetarian Chili</b> with Garlic Bread .....	\$49.99 1/2 gal

### Assorted Relish Trays

#### Crunchy Pickles, Peppers, Tomatoes, Sauerkraut Garnish

Small (10-15) .....	\$12.99	Large (16-27) .....	\$18.99
Lazy Susan with Olives (35-45) .....	\$29.99		

**All prices subject to change without notice. Please confirm at time of order.**



# Appetizers

You could make a meal from our appetizers! And sometimes people do. There's plenty of variety. How much to order depends on your intended usage. For grazing with cocktails and no other foods, figure 10-12 pieces per guest. When using appetizers as true appetizers, figure 4-6 pieces per guest.

## Hot Appetizers

<b>Franks in Jackets</b> .....	\$10.20 dz
<b>Baked Mini-Knishes</b> Made fresh in our stores! .....	\$9.00 dz
Potato • Spinach • Kasha	
<b>Breaded Vegetables</b> .....	\$15.00 dz
Broccoli • Cauliflower • Zucchini Sticks	
<b>Mini-Meatballs</b> .....	\$18.00 dz
Sweet & Sour • Swedish	
<b>Handrolled Miniature Stuffed Cabbages</b> .....	\$24.00 dz
Ben's famous old-world recipe	
<b>Fresh Chicken Tenders with Duck Sauce</b> We slice and bread our own .....	\$24.00 dz
<b>Pastrami Wrapped Pineapple</b> .....	\$24.00 dz
<b>Stuffed Mushrooms</b> Meat or Vegetarian .....	\$18.00 dz
<b>Fried Kreplach and Onions</b> .....	\$27.48 dz
<b>Chicken Wings</b> .....	\$12.00 dz
Spicy Buffalo Style • Marinated • Sweet Teriyaki • Honey BBQ	
<b>Miniature Egg Rolls</b> .....	\$12.00 dz
<b>Mini Potato Pancakes with Apple Sauce</b> .....	\$19.20 dz
Plain • Sweet Potato • Spinach • Zucchini	
Everyone's favorite. Makes a great side dish, too!	
<b>Mini Kabobs</b> .....	\$48.00 dz
Chicken • Beef • Combo	

## Cold Garnished Fresh Salad Molds

When your menu includes salads among your appetizers, you may roughly translate salads to "pieces". Figure approximately 8 "appetizer pieces" per pound of salad.

<b>Traditional Salad Molds with Cocktail Breads</b> .....	\$21.96 lb
Tuna with Fresh Dill & Lemon • Chopped Liver with Olives & Onions	
Chicken with Cucumber & Cherry Tomatoes	
<b>Egg Salad Mold with Olives &amp; Cherry Tomatoes</b> .....	\$19.96 lb
<b>Gourmet Original Salad Molds</b> .....	\$23.96 lb
Hawaiian Chicken with Pineapple • Salmon Salad Topped with Capers	

## Decorative Cold Platters

<b>Whole Poached Salmon</b> (5 lb min.) .....	\$39.99 lb
With dill sauce on a garnished platter. Price precooked.	
<b>Nova Scotia Salmon</b> with Tomato, Onions & Olives (2 lb min.) .....	\$45.99 lb
<b>Seasonal Grilled Vegetables</b>	
Small .....	\$49.99 ea
Large .....	\$59.99 ea
<b>Vegetable Crudit� with Dip</b>	
Small .....	\$29.99 ea
Large .....	\$39.99 ea
<b>Cold Canape Tray</b>	
Small .....	\$45.99 ea
Large .....	\$59.99 ea
<b>Chilled Prime Rib Canapes on Garlic Bread</b> .....	\$48.00 dz



# Homemade Soups



Soups are an important part of traditional Eastern European cookery. True to our heritage, we still make ours from scratch. In the old days, soup and bread would make a meal. Today, smaller portions often precede the main course. For larger portions, figure 2 people per quart; for normal portions 3 people per quart; that's 10-12 people per gallon.

<b>Our Famous Chicken Soups</b> .....	\$43.96 gal
Consomm� • Chicken Noodle • Chicken Rice	
<b>Matzo Balls</b> .....	\$27.48 dz
<b>Kreplach (Jewish Wonton)</b> .....	\$27.48 dz
<b>Hearty Homemade Soups</b> .....	\$51.96 gal
Cabbage • Chicken � la Reine • Cream of Broccoli • Egg Drop	
Lentil • Lima Bean • Minestrone • Mushroom & Barley	
Potato Leek • Split Pea • Tomato Rice • Turkey Gumbo • Vegetable	

## Emergency Chicken Soup Supply Kit

Pour a piping hot treat from Ben's marvelous new disposable container. Equally at home in the office or at a football game, the kit includes hot cups, soup spoons, and napkins.

Serves 10-12 .....	\$39.99
--------------------	---------

# Breads

<b>Bagels</b> .....	\$18.00 dz
<b>Dinner Rolls</b> .....	\$8.40 dz
<b>Individual 1 lb Challahs</b> .....	\$6.79 ea
<b>Braided Ceremonial Challah</b> .....	\$29.00 ea
<b>Sliced Rye Bread</b> .....	\$4.99 lb
<b>Specialty Rolls</b> .....	\$9.00 dz
<b>Specialty Breads</b> .....	\$7.99 ea

Actual charges levied by venues on catering will be passed on to the customer. Prices effective May 2023 and are subject to change without notice.