

STARTERS

Mixed Starter Platter - 3 Chicken Tenders, 3 Mini Franks, 3 Mini Potato Pancakes & 3 Mini Meatballs.	\$19.99
Chicken Tenders -With honey mustard or duck sauce.	\$13.99
Fried Kreplach - Five crispy pieces with sauteed onions.	\$12.99
Mini Meatballs - In brown gravy.	\$13.99
Chopped Liver - Garnished with lettuce, tomato and onion.	\$15.49
Beef Tongue Polonaise - In raisin gravy.	\$18.99
Stuffed Derma - Served with brown gravy.	\$13.98
Nova Scotia Salmon - Served with lettuce, tomato and onion.	\$14.99
Stuffed Cabbage - A hearty cabbage roll stuffed with lean ground beef, rice, and special seasonings, served in a sauce perfect for rye.	\$14.99
Wings - Buffalo, Sweet Teriyaki, Honey BBQ, or Plain, served with celery sticks & homemade Garlic-Mayo dip.	\$13.99

TOP'T DOGS

Your Choice . . . \$19.99

Includes fountain soda & choice of French fries, potato knish or deli side salad.

Best of Boston - Top't with baked beans & crispy onion straws on a bun.

Chili Dog - On a bun heaped with chili & fresh-chopped red onions.

Hebrew National® Beef Frank Combo Served with fresh-cut fries or a knish & fountain soda.

Avocado Toast - Served with sliced grilled pastrami on top.

Ben's Deli Dog - On a club roll topped with warm sauerkraut & your choice of corned beef or pastrami. Russian dressing optional.

DOGS

Hush Puppy Mashed potatoes wrapped around a Hebrew National® frank encased in an egg roll wrapper, served with fountain soda	\$14.49
Quarter -Pound Hebrew National Beef Frank on a bun Served with fresh-cut fries or a knish & fountain soda.	\$19.99

SPECIALTY BURGERS

Your Choice.....\$26.99 Includes bottomless fountain soda & choice of French fries, potato knish or deli side salad. Turkey Burgers, add \$1.00.

Big Ben - Grilled pastrami, onion rings, lettuce, tomato & chipotle mayo.

BBQ Brisket - Sliced brisket & BBQ sauce. California - Sliced avocado & Israeli salad.

Sliders - Twin mini burgers on challah rolls, crispy oniones and horseradish sauce.

STEAK & TURKEY BURGERS

Freshly ground. Hand formed with 8 ozs. of lean chopped beef or lean ground turkey, seasoned in house. Served with pickles & bottomless freshly made Cole slaw.

Sautéed fresh mushrooms or onions, add \$1.49.

Burger Classic **Steak** \$19.99 **Turkey** \$20.99

With lettuce, tomatoes, & fresh-cut French fries.

Slim Burger Platter ©F **Steak** \$20.99 **Turkey** \$21.99 With sliced tomato, lettuce & fresh fruit salad on the side

Steak \$21.99 **Turkey** \$22.99 Salami Burger

Broiled with slices of tangy grilled salami. Served with fresh-cut French fries.

Steak \$23.99 **Turkey** \$24.99 Pastrami Burger Platter Topped with slices of grilled pastrami. Served with fresh-cut French fries.

WE WILL GLADLY SUBSTITUTE A VEGGIE BURGER ... NO CHARGE!

OMELETTES

Made with three fresh eggs. Served with potato pancake & apple sauce or our fresh-cut French fries.. Extra Lean add \$1.00. All White Omelettes add \$2.99.

Corned Beef or Pastrami	\$18.99
Tongue	\$22.99
Two Meat Combination WithTongue	\$21.99 \$23.99
Western Omelette Deli-style omelette with or without green peppers & onions.	\$18.99
Salami or Bologna	\$16.99
Nova Scotia Salmon, Eggs & Onions	\$21.99
Onion Omelette	\$15.99
Fresh Veggie Omelette With avocado add \$2.00	\$16.99
Plain Omelette (but exceptionally good)	\$14.99

Egg Sandwich Lovers! We'll gladly make your omelette into a sandwich upon request. Free on Rye. On Club add \$1.29, Glutten Free or Challah Roll add \$1.49.

DELI STANDARDS

	Prepared in our kitchens the old-fashioned way!	
	French Fried Potatoes	\$6.99
	Onion Rings	\$7.49
	Sweet Potato Fries	\$7.99
	Mashed Potatoes - Plain or with sautéed onions	\$5.99
	Potato Pancake with apple sauce	\$5.99
4	Ben's Round Baked Knishes - Filled with Potato, Kashe or Spinach (v)	\$5.99
7	Kashe Varnishkas or Egg Barley & Mushrooms	\$5.99
3	Ben's Stuffed Derma (one slice)	\$6.99
n	Fruit Noodle Pudding (v)	\$5.79
	Spinach Log (V)	\$5.99
	Baked Idaho Potato or Baked Sweet Potato (evenings only) 🕞 🕡	\$5.79
	Square Potato Knish	\$5.79
	Baked Beans (V)	\$5.49
	Peas & Carrots or Fresh Vegetable of the Day 🕞 🔍	\$5.79

GF Glutten Free V) Vegetarian

HOMEMADE SOUPS

Ronnie's Old-Fashioned Chicken Broth	
With a Matzo Ball or Kreplach	\$7.49
With Noodles or Rice	\$7.29
Care for another Kreplach or Matzo Ball?	\$2.49 ea
Mushroom Barley	\$7.49
Garden Vegetable	\$7.49
Grandma's Style	\$9.99
Our famous chicken soup filled with boneless chicken, soft carrots, & noo	dles
With one matzo ball or kreplach	\$11.99
Bowl of Vegetarian Chili - With wedge of garlic bread 🕡	\$14.99
Daily Homemade Soups - Ask your server for the soup of the day!	\$7.49

TRADITIONAL SPECIALTIES

Cabbage, Chicken a la Reine, Lentil, Lima Bean, Minestrone, Split Pea or Turkey Gumbo.

With a matzo ball, noodles, kreplach, peas & fresh garden carrots. A real nostalgia trip to the days of your youth!	\$36.99
Hungarian Goulash	\$29.99
Cubes of lean beef, gently spiced & simmered until tender with neas & fre	sh garden

carrots. Served on a bed of egg noodles.

\$37.99

Beef Tongue Polonaise Thinly sliced & served with Ronnie's delicious raisin gravy. Served with

Chicken in The Pot

choice of potato.

\$12.99

\$15.49

vegetable of the day & choice of potato.

The Stuffed Cabbage Dinner \$33.99 Two generous rolls of cabbage leaves, wrapped around a hearty filling made of seasoned meat with just a hint of rice. Served with the vegetable of the day and your

\$17.49 Potato Pancakes Great because we grate our own! Three served with apple sauce. Chicken Pot Pie - Homemade, of course. \$15.99

Marinated Short Ribs \$37.99 Beef short ribs slow roasted until tender, marinated in our house-made

sweet & tangy BBQ sauce. Served with vegetable of the day & choice of potato.

HOT ENTREES

Served with vegetable of the day & choice of potato. Sweet Potato Fries add \$1.49

FISH

Grilled Filet of Salmon GF \$29.99 Always fresh, never frozen. Cut to order from the whole salmon & grilled to your liking.

POULTRY

Roast Half Spring Chicken A tender, rotisserie kosher chicken. The best!	\$27.99
Breaded Chicken Cutlets Flavorful boneless chicken breasts lightly breaded & fried until golden.	\$27.99
Grilled Twin Boneless Chicken Breasts Fresh & tender. Lightly seasoned then grilled to perfection.	\$27.99
Marinated Chicken	\$27.99

Hawaiian Chicken	\$29.99
Lightly breaded, boneless white meat chicken served in a tangy sweet &	
sour sauce.	
Roast Turkey	\$28.99
Moist & delicious off the frame with homemade draw & cranherry sauce	

BEEF

Broiled Hanger Steak (Our Roumanian)	\$37.99
Considered by many to be the most flavorful of steaks, ours are chosen &	
amply cut by the chef broiled to your taste & served with sautéed onions	

	Rib-Eye Steak 16oz	\$38.99
١	The king of kosher steaks, tender & juicy. How about a glass of Cabernet	
ı	Sauvignon? It makes the king of kosher steaks a royal experience.	
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Carved as you like it with our rich mushroom gravy.	\$35.99
Silver Tip Roast Beef A juicy half-pound portion carved from the tenderest part of the beef.	\$28.99
Braised Fresh Brisket of Beef Simmered slowly the old-fashioned way with just the right seasonings & thickly sliced at least one-half pound. (Extra lean, add \$1.00)	\$28.99
Two 'Specials' Hebrew National® quarter pound kosher franks, grilled or boiled, served with baked beans & fresh cut French fries.	\$23.99
Proiled Channed Steek	400 OO

roiled Chopped Steak A hearty 16-ounce portion of freshly ground, juicy beef, broiled to perfection and smothered in onions. Prefer chopped turkey? Add \$2.

DELI SALADS AND MORE

Made on premise with the freshest ingredients

Old-Fashioned Potato Salad ©F	\$5.99
Macaroni Salad	\$5.99
Israeli Salad 📴 🕏	\$6.99
Health Salad @ (V)	\$5.99
Cucumber Salad ©F V	\$5.99
Quinoa Salad 📴 🔍	\$6.99
House Garden Salad ©F V	\$10.99
Mixed salad greens with tomato, cucumber, pepper & shredded carrots	
Cranberry & Pineapple Compote ©F V	\$5.99
Sweet or Hot Peppers ©F (V)	\$4.29
Beet Salad ©F V	\$5.99
Check our deli showcase for our fresh salads of the day or ask you	r server!

If you have any concerns with your meal, please let your server or the management staff know. We'll do our best to make it right!

OVERSTUFFED SANDWICHES

Served with bottomless cole slaw & endless pickles. Choose rye or whole wheat. Add sliced tomato, sweet or hot peppers, potato salad or club bread for \$1.29 each. Switch to gluten-free bread or a challah roll for \$1.49.

Collica Deel we pickle our own:	\$10.49
Extra Lean Corned Beef	\$17.49
Pastrami	\$17.49
Extra Lean Pastrami	\$18.49
Tongue Pickled on premises!	\$22.49
Fresh Brisket of Beef	\$16.49
Extra Lean Brisket of Beef	\$17.49
Roast Beef	\$16.49
Turkey	\$16.49
Smoked Turkey Breast	\$16.49
Breaded Chicken Cutlet	\$16.99
Grilled Chicken Breast	\$16.99
Hebrew National® Salami or Bologna	\$15.49
Hard Salami	\$16.49
Chopped Liver	\$15.49
Old-Fashioned Chicken Salad	\$15.49
Egg Salad ^{GF}	\$13.99
Tuna Fish Salad GF	\$14.99
Double Dip	\$18.99
Half a Deli Double (one meat only) on small challah roll, with a byour favorite soup. Tongue or extra lean add \$1.00	oowl of
With Grandma's Soup	add \$2.50

SPECIALTY SANDWICHES

Ben's French Dip - Roast Beef on Toasted Garlic bread served with Au Jus. \$18.99 Add fried onions (\$1.49)

Hungarian Hoagie \$19.99 Tender beef goulash, caramelized onions & sweet red peppers on a club roll.

Ronnie's Tastemaster \$26.99 All our meats piled high on rye with Russian dressing & Cole slaw.

\$23.99 Oversized portions of corned beef & pastrami, served on small challah rolls

or substitute your two favorite meats. (Tongue, add \$2.00)

\$42.99 Our incredible foot-long hero sandwich, overstuffed with everything but the

kitchen sink. Feeds two big fressers or three average mensch. Two Meats \$21.99 Three Meats \$25.99 Mix 'n Match

Tongue add \$2.00. Extra lean add \$1.00. Cole slaw & Russian dressing on request. **COLD PLATTERS**

Served with freshly sliced tomatoes on a bed of lettuce with potato salad, health salad, hard-boiled egg & garnish

Chopped Liver or Gefilte Fish Platter \$17.99 Egg Salad Platter GF V \$16.99 Old Fashioned Chicken Salad or Large Tuna Fish Salad Platter GF \$17.99 Nova Scotia Salmon - The filet mignon of salmon - delicious! GF \$23.99

SPECIAL COLD CUT PLATTERS

Served with either our homemade potato, health, macaroni or Israeli salad . Each platter feeds one. Extra Lean Meats Add \$2.

Single Meat ©F	\$26.99
All Tongue Platter	\$29.99
Assorted Cold Cut (up to 3 meats) ©F With Tongue	\$28.99 \$29.99
Ronnie's Turkey Drumstick or Wing ©F	\$14.99

WRAPS

Your Choice . . . \$21.99

Fresh & delicious. Includes choice of French fries, potato knish or deli side salad.

Grilled Chicken Caesar - Ben's Caesar salad under wraps. Grilled chicken with shredded romaine lettuce, chopped tomatoes, drizzled with creamy garlic dressing. Fresh Roast Turkey - Oven roasted turkey breast rolled up with herbed stuffing, cranberry

sauce, lettuce, & a touch of creamy garlic mayonnaise. Roast Beef Lover's - Thinly sliced roast beef, shredded lettuce, diced tomatoes, drizzled

with our horseradish sauce. Asian Chicken Roll-up - A spin-off of our Asian chicken salad. Teriyaki chicken, salad

greens, shredded carrots, water chestnuts, tossed in our Asian dressing.

PANINI

Includes choice of French fries, potato knish or deli side salad.

The Ultimate Panini - Corned Beef & Pastrami, sauerkraut & Russian dressing on \$28.99 pressed seeded Rye bread

Grilled Chicken - Grilled to perfection & topped with lettuce, sweet red pepper & chipotle dressing on French bread. \$23.99

The Original Brisket - Simmered brisket served with caramelized onions & fresh horseradish sauce on a Brioche roll. The Rachel - Twice steamed pastrami, sauerkraut & Russian dressing on

\$23.99 pressed seeded rve bread. **The Reuben** - Ben's famous corned beef, sauerkraut, Russian dressing on

pressed seeded rye bread. \$23.99 Steak Bites - Tender slices of hanger steak & grilled onions doused with homemade pesto sauce on pressed French bread. \$25.99

HOT OPEN SANDWICHES

The first "hot food" in old-time N.Y. delis! Served with homemade potato pancake & apple sauce or real mashed potatoes or our fresh-cut French fries.

Hot Open Roast Turkey	\$25.99
With gravy & cranberry sauce	
Hot Open Brisket of Beef	\$25.99
With gravy (extra lean, add \$1.00)	
Hot Open Roast Beef with gravy	\$25.99
Hanger Steak (Our Roumanian) Sandwich Open Style	\$33.99

Hot Pastrami & Corned Beef Combo

Deli lovers favorite! Served on rye, with sweet & sour sauce, stuffed derma & fresh-cut French fries (extra lean, add \$1.00)

SALADS

Dressing selections: Russian, Asian, Honey Mustard, Fat-Free Italian, Poppyseed, Creamy Garlic, Horseradish, and Honey Basil.

The Long island \$24.99 Grilled chicken or sliced breaded chicken cutlet, chopped kale and romaine, warm quinoa, candied walnuts, avocado, cherry tomatoes with poppyseed dressing.





Sliced hanger steak, spinach, warm

quinoa, sauteed onions, cucumbers,

cherry tomatoes and wonton crisps

with our horseradish dressing.

\$27.99

The Queens

The Boca (GF) Grilled salmon, mixed greens, warm kasha, chickpeas, cherry tomatoes, diced cucumbers and lemon with honey mustard dressing.

\$24.99





Ben's Caesar Salad\$10.99 (V) Creamy garlic dressing over crisp romaine lettuce, tomatoes, and homemade croutons. With grilled chicken breast \$22.99 With grilled fresh salmon

Spinach Salad Fresh spinach with chopped egg, red onion and mushrooms in a poppyseed dressing topped with crumbled grilled pastrami.



Crisp romaine, peppers, radish,

Bologna, Smoked Turkey Breast, Tongue (add \$2.00) or Extra Lean

hard-boiled egg, tomato, black olives, and your choice of meats: Roast Beef, Turkey, Corned Beef, Salami,

Chef Salad

(add \$1.00)



One meat \$19.99 \$23.99 **Two meats**

Soup and Salad Combo A bowl of soup with a house garden salad or Ben's Caesar salad. With Grandma's soup (Add \$2.50)



Grilled Chicken & Avocado

Mixed garden greens, cherry



tomatoes and red onions with sweet honey basil dressing, topped with illed chicken breast and avocado

Grilled Salmon \$23.99 Romaine, mixed greens and spinach leaves, cherry tomatoes and red onions with Honey Mustard topped with grilled salmon and homemade croutons.



\$23.99

Chicken breast and crunchy noodles, crisp romaine, carrots, peppers, mushrooms, scallions, water chestnuts and snow peas. Served with Asian Dressing

House Garden Salad (V) \$10.99 Mixed salad greens with tomatoes, cucumber, pepper & shredded carrots.



On Any Combo Meal Substitute One Side Dish With Sweet Potato Fries For An Extra \$1.49

EARTHLY EATS

Sautéed fresh mushrooms or onions . . . add \$1.49

GARDEN VEGETABLE SOUP	\$7.49
VEGETARIAN CHILI Served with garlic bread.	\$14.9
DR. PRAEGER VEGETABLE BUI	RGER
Served with Israeli Salad.	Plain \$18.99 With Avocado \$19.9

MEATLESS PLANT-BASED BURGER Served with Israeli Salad. With Avocado . . . \$19.99 Plain . . . \$18.99

PLANT-BASED "CHICKEN" CUTLET SANDWICH \$19.99 With lettuce, tomato and chipotle dressing on club bread. Served with Israeli Salad.

On pressed rye with sauerkraut and Russian Dressing. Served with side deli salad.

PLANT-BASED "CORNED BEEF" PANINI

Items are prepared in a non-vegetarian environment where meat may have been previously prepared. Not Vegan.

\$21.99

BEVERAGES

Bottomless Fountain Beverages Coke, Diet Coke, Sprite and other flavors. Asi	k your Server!	\$3.79
Dr. Brown's Cream, Black Cherry, Diet Cream, Diet Black Cher	ry, and Celray	\$2.79
Bottled Root Beer		\$2.99
Bottomless Fountain Seltzer		\$2.99
Bottled Water		\$2.29
Apple Juice		\$2.99
Kedem Bottled Grape Juice (small)		\$3.79
Bottomless Iced Tea or Iced Coffee	**	\$3.79
Bottomless Coffee With non-dairy creamer		\$ 2.99
Bottomless Tea BEER & \	WINE	\$2.99

Please ask your server about additional selections which may be available.		
Domestic Beer Bottles		\$6.99
Imported Beer Bottles		\$7.99
Non-Alcholic Beer		\$6.99
Pinot Grigio	Bottle \$29.99	Glass \$9.99
Baron Herzog Chardonnay (California)	Bottle \$29.99	Glass \$9.99
Baron Herzog Merlot (France)	Bottle \$29.99	Glass \$9.99
Baron Herzog Cabernet Sauvignon (California)	Bottle \$29.99	Glass \$9.99
Baron Herzog White Zinfandel (California)	Bottle \$29.99	Glass \$9.99

DESSERTS

Please ask your server for today's selections	
Chocolate Babka	\$5 .99
Assorted Mini Cookies (5 pieces)	\$5.79
Assorted Mini Rugulach (4 pieces)	\$5.79
Jumbo Cookie	\$3.79
Apple Strudel (Homemade)	\$5.79
Seven Layer Cake	\$5 .99
Brownie (2 pieces)	\$5 .29
Special Layer Cake or Fruit Pie	\$5 .99
Low Calorie Baked Apple	\$5 .99
Fruit Gelatin	\$4.99
Halvah	\$9.99
Fresh Fruit Salad	\$5.79
Apple Bread Pudding	\$5 .99
Apple Sauce	\$3 .99
Melon (In Season)	\$5.79

SCAN

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EARN REWARDS EATING THE FOODS YOU LOV







MEATLESS MONDAY



ENJOY 15% OFF ANY ITEMS FROM OUR EARTHLY EATS **SELECTIONS EVERY MONDAY!***

TACO TUESDAY



3 Tacos of your choice ... \$19.99 Make it a combo with Rice and Beans ... \$24.99

CHOOSE FROM:

BrisketSlow cooked brisket with pickled red onions, BBQ sauce & flour tortilla.

Carne Asada

Grilled marinated hanger steak with pico de gallo, salsa verde & flour tortilla.

Chicken

Marinated grilled chicken breast with pico de gallo, Siracha & flour tortilla.

WEDNESDAY IS BEN'S DAY



SPECIAL DINNER PLATTERS \$26.99* Corned Beef

Ben's own cure, served with cabbage and boiled potato.

Chicken in the Pot With fresh chicken soup, kreplach, matzo ball, noodles, peas & carrots.

Chef's Choice

Ask your server for today's Chef Choice Special.

THURSDAY IS THANKSGIVING



\$29.99* Choice of soup, fresh roast Turkey with gravy carved to order, white or dark meat, with cranberry sauce, homemade stuffing, homemade mashed potatoes or candied sweet potatoes, peas & carrots or a vegetable of your choice.

Add a Glass of Wine for \$5

FISH FRIDAY



\$29.99*

Every Friday, join us for our coastal celebration: a 12 oz perfectly grilled salmon dinner, served with your choice of soup or wine, and two side dishes.

CHEF'S CHOICE SATURDAY

Every Saturday, let our chef surprise you with a one-off dish showcasing the freshest market finds and bold flavor pairings. Ask your server for the choice of the day. Price varies.

PRIME RIB SUNDAY



\$54.99*

Our Prime Rib special includes two side dishes.

Add a bottle of Baron Herzog Cabernet or Merlot \$20

*Coupons are not applicable with these discounted items